

Case Study – Client B

Client Background

Married man, 45 years old.

The client was diagnosed with a brain tumor 3 years ago. In addition, he has suffered 2 minor strokes since then. He had brain surgery and received 4 courses of chemo. He is currently participating in a medical trial for a new cancer treatment. He is receiving this treatment once a week in the hospital via intravenous. He has been happily married for the past 23 years and has two young adult boys, ages 21 and 18.

The client works as an executive in an innovative high-tech company where his co-workers highly regard him.

He wants to use the coaching sessions to challenge his rigid rule-based (fear-based) mindset around what he can and can't do and to establish a new, more flexible way of thinking so that he can participate in the social aspects of his life, go back to playing golf regularly and get approval from the corporate innovation forum to lead an innovation project at work.

VISION:

(This is one word, it is the client's sense of being)

Joy

**FOR THE SAKE OF WHAT
IS THIS YOUR VISION:**

(This needs to be about the client for themselves. If they speak of others than you keep working to get to their vision, which is only for self)

Joy for his family so they can feel like it was before the brain tumor.

We readdress vision, and it became peace for himself within himself

VISION:

(This is one word, it is the client's sense of being)

Peace

**FOR THE SAKE OF WHAT
IS THIS YOUR VISION:**

(This needs to be about the client for themselves. If they speak of others than you keep working to get to their vision, which is only for self)

For himself

CLIENT STATES THEIR CHALLENGES, WISHES, OBJECTIVES, AND REASONS FOR COMING TO COACHING	WHAT THE CLIENT STATES IS GETTING IN THE WAY OF ACCOMPLISHING THESE THINGS	THEMES (What you are hearing as main concepts themes that are repeating)	HEALTH & MEDICAL COACHING SMART GOALS
<ul style="list-style-type: none"> • I want to play golf again with friends • I want to lead an innovation project at work • I want my social life back with my wife and friends • I want to be more flexible 	<ul style="list-style-type: none"> • I can't golf because my foot won't work properly, and I feel unbalanced when walking the course • I fear that my foot will never be back to what it was • I feel that because I had two strokes and a brain tumor, the corporate office won't let me lead this innovation project because they think I can't do it because they think I'm different now • I want to learn to be more flexible and authentic 	<ul style="list-style-type: none"> • Limiting belief " i can't golf because my balance and strength are not the same as they were before." • Emotion of fear stuck in the body • Afraid to ask self can I lead an innovation project instead of always assuming that corporate will say no i can't • External vs internal debate • Need to be a certain way socially - perfect, if I am weak i won't have friends • Expectation of self to pick up exactly where he was before the cancer and strokes 	<ul style="list-style-type: none"> • Shift the Limiting belief "I can't golf because my balance and strength are not the same as they were before" to an empowering belief that honours self in 5 sessions • Find the positive intention of fear that is stuck in the body within 3 sessions • Increase self-confidence from 4 to 8 within 9 sessions • Shift the limiting belief of "if I show up weak, I won't be accepted in my social circles" to an empowering belief that honours self within 6 sessions