Medical Coaching Training Program

Module 3 – Advanced

Lesson 6, Class Assignment

Work with a fellow Medical Coaching student or PMC.

1. Practice the **EFT Tearless Trauma** technique.
   In your report, write a summary addressing the following:
   - The issue and the code name
   - The positive affirmation
   - The way you followed the technique instructions. (don't rewrite the instructions, write how you did it and what you said in each tapping point)
     Remember, the more information you give – the more feedback you get ☺
   - The change in submodalities and emotional intensity.
   - Three examples of things you noticed in calibration – at least one that led you to understand that you could move on to the next level.
     (Calibration refers to what you saw and heard in the client's body language, facialexpressions, and tone of voice, without interpretation)
   - If you were to give the client a "homework" assignment that would help the client "deepen the learning and forward the action", what would it be and why?
   - Your client's feedback
   - Dilemmas and questions
   - Your learnings

2. Practice the **Rotating/Spinning in Space** technique.
   In your report, address the following:
   - The issue the "client" presented
   - The way you followed the technique instructions
   - Three examples of things you noticed in calibration
     (calibration refers to what you saw and heard in the client's body language, facial expressions, and tone of voice, without interpretation)
   - If you were to give the client a "homework" assignment that would help the client "deepen the learning and forward the action", what would it be and why?
   - Your client's feedback
   - Dilemmas and questions
   - Your learnings

3. Practice the **Breaking Space** technique.
   In your report, address the following:
   - The issue the "client" presented
   - The way you followed the technique instructions
   - Three examples of things you noticed in calibration
     (calibration refers to what you saw and heard in the client's body language, facial expressions, and tone of voice, without interpretation)
   - If you were to give the client a "homework" assignment that would help the client "deepen the learning and forward the action", what would it be and why?
   - Your client's feedback
   - Dilemmas and questions
   - Your learnings

Send the reports to your mentor in a WORD format.

Enjoy ☺