

Medical Coaching Training Program

Module 3 – Advanced

Lesson 3, Class Assignment

Work with a fellow Medical Coaching student or PMC.

1. Explore the concept of Self-care and what it means for your practice client.
Introduce the Medical Coaching Self-Care Matrix.
Explore, with the client, the areas on the matrix.
Invite the client to choose one area and coach him/her on possible ways of improving the level of satisfaction in this area and creating a new or updated action plan.
Send a written report to your mentor and address:
 - The area the client chose to be coached on.
 - The way you coached your client, name the medical coaching skills that you used.
 - The action plan you client committed to.
 - What you saw in calibration
 - Your client's feedback
 - Dilemmas and/or questions
 - Your learnings.

Send the report in a WORD format.

Enjoy 😊