

Medical Coaching Training Program

Module 2 – Process

Lesson 6, Class Assignment

Work with a fellow Medical Coaching student or PMC.

1. Practice the **Shifting between Perceptual Positions with Another Person** technique.

In your report, address the following:

- What was the issue/relationship
- Who was put in 2nd position
- What came up in each position
- The way you helped the client move the client from position to position
- The way you followed the technique instructions.
- Three examples of things you noticed in calibration
- If you were to give the client a "homework" assignment that would help the client "deepen the learning and forward the action", what would it be and why?
- What was your practicing partner's experience as a client?
- Dilemmas and questions
- If you did this technique as a client, what are your dilemmas, learnings, and/or questions.
- Your learnings.

2. Practice the **Shifting between Perceptual Positions with the Body** technique.

In your report, address the following:

- What was the issue/relationship
- What was put in 2nd position
- What came up in each position
- The way you helped the client move the client from position to position
- The way you followed the technique instructions.
- Three examples of things you noticed in calibration

- If you were to give the client a "homework" assignment that would help the client "deepen the learning and forward the action", what would it be and why?
- What was your practicing partner's experience as a client?
- Dilemmas and questions
- If you did this technique as a client, what are your dilemmas, learnings, and/or questions.
- Your learnings.

Send the reports in separate documents to your mentor in a WORD format.

Enjoy 😊